



15th October 2018

Dear Parents / Carers,

Mountain Biking/Orienteering/Walking at Whinlatter Forest, Nr Keswick Friday 19.10.18

Your child has been selected to take part in the above activity at Whinlatter on Friday 19th October 2018.

As the Braithwaite Road is currently closed we will travel by coach via Cockermouth which means we **MUST DEPART SCHOOL at 8.30AM PROMPT** in order to arrive at 10am. Each activity is planned to run for an hour and the expected end time is 2.00pm when we shall leave Whinlatter Forest. We would expect to be back to school at 3.30pm and we will update you if there are any changes.

Your child will need to bring a packed lunch, school can provide this at the usual dinner charge of £2.30, please indicate on the slip below if this is required. Can you please ensure that your child has the required kit list as below, and that the permission slip is returned by Wednesday 17th October 2018 at the latest.

KIT LIST

MUST HAVE (these *are compulsory*)

Waterproof jacket, Gloves, Small rucksack, Water in water bottle, Warm Hat.

ADVISABLE

Warm Clothing suitable for cycling - Tracksuit bottoms, T- Shirt, Fleece, Waterproof Trousers, Trainers, Warm socks, Snacks

Warm Clothing suitable for walking/orienteering - Tracksuit bottoms, T- Shirt, Fleece, Waterproof Trousers, Walking boots/shoes/wellies, Warm socks, Snacks

Can be left in the bus for after the activities: Towel and Spare clothes.

If students use their own helmets for mountain biking these must be in date (helmets expire after 5 years)

Regards

Ms R Stacey

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----- (Child's name) will be attending the activities at Whinlatter Forest and will
require a school packed lunch YES/NO (please circle) Sandwich choice HAM CHEESE TUNA (please circle)

----- (Parent/Carer Name) ----- (Signed)