

PE and School Sports Spending – 2018/2019

Key Theme: Healthy Body and Healthy Mind – Upskilling our staff and ensuring our children continue to experience expert PE teaching. Giving our children ways to manage their emotions and the information to make healthy lifestyle choices.

Action	Impact	Planned Spend	Evaluation
School Sport Spend / Admin	Increased participation in competitive sport. Ensure we partner with other schools to offer a range of experiences and extend the curriculum.	£4820	
Mindfulness in class – Expert Teaching	To give children the tools to manage their emotions and to develop an understanding of mental-wellbeing.	£180	Successful – children can talk about their experiences and the whole school draws on the lessons during assemblies or times of perceived stress.
Equipment for playground sports	Support the Chief Medical Officer guidelines of 60 minutes of physical activity a day by ensuring that playtimes are active and purposeful. Encourage the children to take leadership as ‘Playground Leaders’.	£400	
Gymnastics support for teachers and coaching for children	Develop the knowledge, skills and confidence for teachers teaching gymnastics. Supplement the experience of the children.	£1080	Very useful – the gymnastic and dance coaching was from Carlisle united coaches and supported our less confident staff.
PE and sport equipment specifically for EYFS	Support the Chief Medical Officer guidelines of 60 minutes of physical activity each day. Build capacity for the children who are joining the school in the future.	£600	
Visit to Eden Rock (Rock Climbing)	Develop the knowledge, skills and confidence for teachers in taking children to these extra experiences and experiencing sports we may not usually offer. Stretch the curriculum experiences of the children	£360	
Coaching support for specialist PE across the school.	Develop the knowledge, skills and confidence for teachers teaching PE. Supplement the experience of the children.	£4000	Brilliant support for all teachers across the school and gave the children access to sports that they would not normally have.
Possible review of the outdoor area in Nursery – or field	Access to spaces that develop physical education and encourage outdoor play.	£3000	
Mountain Biking		£1500	
Transport and travel support		£600	

PE and School Sports Spending – 2018/2019

Key Theme: Healthy Body and Healthy Mind – Upskilling our staff and ensuring our children continue to experience expert PE teaching. Giving our children ways to manage their emotions and the information to make healthy lifestyle choices.