

Suggested Daily Timetable

As we know children thrive with a routine and structure to follow, so this may help your child complete their home learning more easily. Early Years children also need lots of play opportunities and practical learning experiences. Do try to get outside as much as you can – I know it can be more difficult at this time of year depending on the weather.

This is a suggested structure so please move things around to fit in with what works best for you and your family and you may find that you spend longer on some activities than others.

Suggested Timings	Area of Learning	Suggested activities
09.00 – 9.30 am	PE	Joe Wicks is doing a daily live stream so you can join in with his PE lesson from your living room! You could do it first thing or later on in the day.
09.45 –10:00 am	PHONICS	Refer to the weekly learning grid for further guidance (10-15 mins)
10:00-10:30 am	PLAY	This is an opportunity for your child to choose something that they would like to do eg: puzzles, building, construction, painting, drawing, playdough, craft activities, role play, small world animals, dolls house, etc.
10.30 –10.45 am	Break time	Drink and a snack Go outside if you can
10.45 -11.15 am	Reading	Time to enjoy books or listen/watch a story. (Remember that at this stage phonics is an important part of developing the skills to learn to read.) Oxford Owls are offering age appropriate books online. Oxford Owls- free ebooks This website has lots of activities for pupils to complete with an English focus. https://home.oxfordowl.co.uk/
11:15-11.30 am	PLAY	Allow your child free time to choose something they would like to do.

11.30 -12.15 pm	MATHS	<p>Use the Weekly Grid for guidance.</p> <p>If you do not have resources to complete some of the activities, then you can adapt them and create your own or use what you have at home. E.g. pieces of lego or duplo for counters.</p> <p>https://home.oxfordowl.co.uk/kids-activities/fun-maths-games-and-activities/</p> <p>There are lots of age appropriate games and activities to print. Start with the 3-4 years and if your child finds these too easy then select 5-6 years.</p>
12.15-1.15pm	LUNCH	Time outside if possible to get some fresh air.
<p>Afternoon Session</p> <p>1.15 – 2.45 pm</p>	<p>Topic work</p> <p>Physical Activity</p> <p>PLAY</p>	<p>Complete any other tasks on the Weekly Learning Grid e.g Topic work (Knowledge and Understanding of the World)</p> <p>Don't forget your playdough disco and you could calm down with some yoga at the end of the day!</p> <p>Cosmic Kids Yoga</p>