

Headteacher's Headlines

What a lovely week it has been in school! Our Forest School club was full of energy and teamwork, with children working brilliantly together to build structures and navigate the 'crocodile lake' as they rescued one another—such fantastic collaboration and creativity on display. Meanwhile, our Oaks children were thrilled to receive replies from the children in Spain we wrote to last year. Their excitement was clear as they read the letters, and even more so when they discovered the challenge to write back in Spanish. We were also delighted to welcome families last Friday to our very first baby and toddler group Friday morning—it was a joy to see so many smiling faces, and we look forward to seeing it grow each week. I hope you have a lovely long weekend look forward to seeing everyone back on Tuesday.

Warmest Wishes

Sarah



Friday 8th May Talkin Tarn Reception – Yr 6 for morning – will be back at school for lunch

Children can wear non-uniform appropriate to weather conditions, with suitable footwear.

Friday 8th May – Yr 6 Fund Raising – Ice Lollies £1

Ice lollies will be available for children to buy.



Parents Safeguarding

Exam periods can place significant pressure on young people, affecting their confidence, focus and overall wellbeing.

Our latest [#WakeUpWednesday](#) guide explores realistic and supportive strategies to help manage this pressure.

It highlights practical approaches, including:

- Organising workload and reducing overwhelm
- Using active and creative revision techniques
- Creating calm, focused study environments
- Using technology, including AI, in a thoughtful way

The guide also emphasises the importance of maintaining balance, motivation and positive wellbeing during exam preparation.

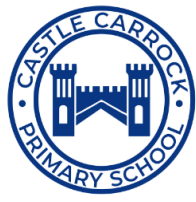
Download the guide here: <https://vist.ly/428mn>

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NEWSLETTER



RESPECT | RESPONSIBILITY | RESILIENCE

Monday 4 th May	Bank Holiday
Tuesday 5 th May	Year 3 & 4 Tennis competition
Friday 8 th May	Whole School at Talkin Tarn am only
Friday 8 th May	Yr 6 Fund Raising – Ice Lollies - £1.00
Monday 11 th May	Acorns unit at Wetlands Houghton
Friday 15 th May	First Responder Talk in school
Monday 18 th May	Oaks Unit at Eden Rock Climbing Wall
Thursday 21 st May	Year 5 & 6 Football Tournament at CUFC)
Friday 22 nd May	Year 3 & 4 Sports Morning at William Howard School (more info to follow)
Friday 22 nd May	Parents Assembly 3pm
Friday 22 nd May	Last day of term
Monday 1 st June	First day of term
Monday 1 st June – 3 rd June	Oaks unit residential trip
Thurs 4 th June – Frid 12 th June	Oaks unit Swimming at Carlisle Pools (info to follow)