



# NEWSLETTER



RESPECT | RESPONSIBILITY | RESILIENCE

## Headteacher's Headlines

Another busy week full of fun, creativity, learning and memorable experiences

It's been lovely to see our Acorns making the most of our outdoor provision, enjoying lots of sand and water play, imaginative role play as hairdressers and midwives, and developing their early writing and mark-making skills.

Meanwhile, the Oaks class enjoyed a wonderful singing session with Ed Taylor from Carlisle Cathedral. We cannot wait to see the magical Christmas performance in the Cathedral this December. Please take a look at the dates below as we have a busy half term!

Warmest Wishes

Sarah



## Wednesday 23<sup>rd</sup> September 2026

School Photographer will be in on Wednesday.

## Wednesday 23<sup>rd</sup> September 2026

Year 6 Open Evening at William Howard School (see information below)

## Friday 25<sup>th</sup> September, 2:30pm–3:15pm

Join us for a coffee and cake and help us raise money for a fantastic charity, Macmillan Cancer Support.

If you are able to bake a cake or provide shop-bought cakes, please bring them into school the day before.

For any homemade cakes, please remember to list all ingredients.

We look forward to seeing you there and raising lots of money for a great cause!

## Parent Safeguarding

Spending time outdoors can play an important role in children's wellbeing, learning, confidence and development.

However, busy routines, safety concerns and limited access to outdoor space can make it harder for families, schools and carers to prioritise time in nature.

Our latest [#WakeUpWednesday](#) guide shares simple, practical ideas to help children reconnect with the natural world, including:

- Noticing wildlife during everyday routines
- Taking familiar activities outside
- Creating mini adventures
- Growing plants or building nature at home
- Using technology to identify birdsong, insects and wildlife
- Supporting older children with independence and sensible risk-taking

With realistic ideas for all ages, the guide helps make outdoor time feel accessible, enjoyable and worthwhile.

Read the guide here: <https://vist.ly/5ctpa>

[#OutdoorLearning](#) [#ChildDevelopment](#) [#Wellbeing](#)



Follow our social media pages: [Facebook](#) | [Twitter](#) | [Instagram](#)

Website: [www.castlecarrock.cumbria.sch.uk](http://www.castlecarrock.cumbria.sch.uk)



# NEWSLETTER

Creating  
**EXCELLENCE**  
Together

Cumbria  
Education Trust

RESPECT | RESPONSIBILITY | RESILIENCE



RESPECT | RESPONSIBILITY | RESILIENCE

*Be the best you can be!*

## OPEN EVENING

for September 2027 Admissions

Wednesday,  
23rd September

Join us and see first-hand our  
academic excellence, inclusive  
community and the breadth of  
opportunities we offer our students.

Doors open 5pm

30-minute  
intro talks at  
5.30pm,  
6.30pm or  
7.30pm

*No need to book!*

For more information, please call us on **016977 45700**  
or email: [mail@williamhoward.cumbria.sch.uk](mailto:mail@williamhoward.cumbria.sch.uk)



Cumbria  
Education Trust



[www.williamhoward.cumbria.sch.uk](http://www.williamhoward.cumbria.sch.uk)

**Anxiety**

**Building Emotional  
Resilience**

**Self Esteem**

As a service we are  
visible, accessible, and  
confidential and work to  
build resilience among  
children and young  
people.

**5-19 Emotional  
Health and  
Resilience Service**

Ring or email to book a consultation  
**0300 304 9029**  
[hdft.spoc0-19cumberland@nhs.net](mailto:hdft.spoc0-19cumberland@nhs.net)



Harrogate and District  
NHS Foundation Trust

We can provide you with the  
tools to cope in challenging  
and difficult times, to  
reduce the risk of poor  
mental health.



Please note that we offer a tier 1  
brief intervention around  
emotional health.  
If you are experiencing a mental  
health crisis please contact NHS  
111 option 2

Download on the  
App Store



GET IT ON  
Google Play



Your journey starts with us  
listening to your voice leading to  
an assessment of your needs and  
agreed goals.

**Worry**

**Low Mood**

**Anger**

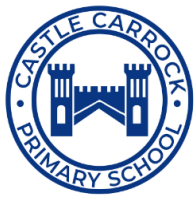


# NEWSLETTER



RESPECT | RESPONSIBILITY | RESILIENCE

|                                      |                                                                            |
|--------------------------------------|----------------------------------------------------------------------------|
| Thursday 17 <sup>th</sup> September  | Oaks Class - Cathedral Outreach sessions in class (weekly)                 |
| Tuesday 22 <sup>nd</sup> September   | Acorns Class – Pyjama Drama Road Safety in school                          |
| Wednesday 23 <sup>rd</sup> September | School Photographs                                                         |
| Wednesday 23 <sup>rd</sup> September | Year 6 Open Evening at William Howard School                               |
| Friday 25 <sup>th</sup> September    | MacMillan Coffee Afternoon in school (more information to follow)          |
| Wednesday 7 <sup>th</sup> October    | Select Year 5/6 pupils- Netball Tournament William Howard (info to follow) |
| Wednesday 7 <sup>th</sup> October    | Whole School Parents Evening (more info to follow)                         |
| Thursday 8 <sup>th</sup> October     | PTFA Annual AGM in School 8:00pm                                           |
| Thursday 15 <sup>th</sup> October    | Nasal Flu Vaccination for Reception – Year 6                               |
| Thursday 22 <sup>nd</sup> October    | Halloween Disco in school 5pm – 6pm                                        |
| Friday 23 <sup>rd</sup> October      | Last day of this half term.                                                |
| Monday 2 <sup>nd</sup> November      | First day back after half term.                                            |



# NEWSLETTER



RESPECT | RESPONSIBILITY | RESILIENCE