



NEWSLETTER



RESPECT | RESPONSIBILITY | RESILIENCE

Headteacher's Headlines

It has been a very busy last week at school! We hope you have all enjoyed our Harvest Festival. The children were wonderful, and we are very grateful to Rev Ben Phillips for leading such a lovely service. A huge thank you to everyone for your kind donations, all of which have gone to Brampton Food Bank. We would also like to say a big thank you to our fantastic PTFA for organising such a spooky Halloween party for the children to enjoy! We hope you all have a restful and enjoyable half term break and look forward to welcoming everyone back to school on Monday 2nd November.

Warmest Wishes

Sarah



Poppies

Year 6 pupils will be going into classes next week with Poppies and other merchandise, please send money if for these if you would like to purchase one.

Remembrance Merchandise Price List

All proceeds go towards supporting veterans and their families.

Item	Price (Each)
 Traditional Paper Poppy	20p
 Pin Badge	£2.00
 Reflectors	50p
 Slap Band	£1.00
 Wristband	£1.00
 Pencil	£1.00

Extra Curricular Clubs Autumn Term 2 Monday 2 November – Monday 7 December

Gymnastics Club with CUFC from 3:30pm – 4:15pm for Yr 1 – Yr 6

Craft Club for Reception – Yr 2

Places available to book on the Arbor App.

Aspens lunch menu for Autumn 2

Now available to book on Arbor

Year 4- 6 Residential York June 2027

Non-refundable deposit required by Friday 6th November 2027 this can be paid on Arbor.

Thursday 5th November 2026

We have an NISCU in on the 5th November to deliver a whole school religious assembly. If you do not want your child to be part of this, please advise school prior.

Friday 13th November 2026 – Children In Need

Children In Need come to school in your PJ's for a donation for Children In Need

Whole School Nativity on Wednesday 9th December at 2pm

We warmly invite you to attend our Whole School Nativity. Acorns will be performing the nativity supported musically by the Oaks. Information to follow.

Follow our social media pages: [Facebook](#) | [Twitter](#) | [Instagram](#)

Website: www.castlecarrock.cumbria.sch.uk

Sleeping Beauty Pantomime – Carlisle Sands Centre on Thursday 17th December 2026 at 10.00am

Packed with sensational songs, dazzling dance routines and AMAZING 3D projection! This is a tremendous Christmas treat for the school to enjoy this Christmas. Information has been sent on Arbor.

Parent Safeguarding

Deepfakes can make it appear that someone has said or done something they haven't, using AI to create increasingly convincing fake images, videos and audio.

As this technology becomes easier to access, children and young people may encounter risks ranging from online bullying and impersonation to scams and fabricated explicit content.

Our latest [#WakeUpWednesday](#) guide explores:

- AI-enabled bullying
- Cloned voices and fake family scams
- Bogus celebrity endorsements
- Fabricated images and videos
- Extortion and digital blackmail

It also offers practical advice for parents and educators on recognising warning signs, protecting personal information and talking to young people about responsible AI use.

Read the guide here: <https://vist.ly/5padv>

[#Safeguarding](#) [#OnlineSafety](#) [#Deepfakes](#) [#ArtificialIntelligence](#)





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EFYS during Autumn 2

 Phonics Nursery: Tuning in to Sounds s a t p l n Reception: Phase 2 graphemes. Literacy Use pictures to tell stories and engage in topic-based stories. Talk about/ 'write' our news, practise writing names and initial sounds. Make fire safety posters. Write labels for models. Use finger paints, brushes and sand tray to mark make, 'write' shopping/to do lists, make zigzag books/fact files about owls. Wish list for Santa.	 Book List Bonfire Night The Best Diwali Ever Owl Babies Can't You Sleep Little Bear The Big Dreaming The Jolly Christmas Postman Plus, a range of other high-quality fiction and non-fiction titles linked to the topic and Christmas.	 Maths Reception will count objects, actions and sounds. Subitise. Link the number symbol (numeral) with its cardinal value, count beyond 10, compare numbers. They will focus on counting, ordinality and cardinality, number composition, numbers within 10, shapes, and compare length, weight and capacity. Nursery will recite numbers past 5. Say one number for each item in order: 1,2,3,4,5. Show 'finger numbers' up to 5. Understand position through words and spot patterns in the environment. Make comparisons between objects relating to size, length, weight and capacity. Subitise 1. See 1,2, 3
 Communication and Language Transform the home corner into a cosy family celebration area. Make tickets for a pretend fireworks display. Clipboards, pencils and simple invitation cards. Toy phones for inviting family members. Encourage children to take on different roles, share resources, negotiate ideas and use imaginative language. Explore firework sounds and words.	EFYS Autumn 2, 2026 Let's Celebrate 	 PSD Firework/dark nights' safety. Talk about other cultures/beliefs/celebrations, food, clothes, etc. Establish culture of asking for help, culture of listening, sharing, co-operating. Talk about bedtime routines, fears and worries. Focus on building relationships with family and friends.
 Understanding the World Seasonal changes – winter is approaching. What happens as the seasons change? How does that affect me/how does it affect different animals? What happens to the plants? Hibernations. Light and dark. Why do we need sleep? Explore different light sources (lamps, torches, fairy lights, candles). Learn how different cultures celebrate different festivals – Diwali. What is Remembrance Sunday? Why 2 minutes silence? Why do we celebrate Bonfire Night or Christmas? Baking opportunities bonfire night and Christmas time.	 Physical Development Daily fine motor activities to develop early writing skills to include hammering, cutting, threading, gluing, tying, manipulating, pulling, pushing, balance, strength, hand-eye coordination, jigsaw puzzles, playdough, clay, using chunky chalks, paintbrushes, water, maker pens. Dough gym. Gross motor skills – Gymnastics. Explore different ways of travelling using space in hall and outdoor areas- work on rolling, crawling, jumping, hopping, skipping, climbing, balancing. Talk about different ways to support healthy lifestyles. Firework dances.	 Expressive Arts and Design Firework dances to pictures. Fireworks splatter on black paper. Sing songs linked to season. Look at work of Japanese artist Kumi Yamashita who uses light and shadow in her work. Draw in the style of Raymond Briggs, using story of The Snowman for inspiration. EFYS Kapow Unit – Paint My World. Finger painting/outdoor painting. Group art/transient art.



Respect, Responsibility and Resilience

Be The Best You Can Be!

Acorns Autumn Overview

Music In music this term we will be studying: Pulse and rhythm with a theme of <i>My Favourite Things</i> We will also be studying Tempo Using the theme – <i>Snail and Mouse</i> .	ACORNS 2 Autumn Term Overview	English The genres we aim to cover this term are: Fiction with a focus on characters Non-chronological reports and fact sheets Diary entries to recount events.
Science In Science we will be covering the following topics: Plants: Introduction to Plants Identifying and naming a variety of plants and investigating if beans need water for growth. Forces and Space: Seasonal Changes Exploring how seasonal changes affect trees, weather patterns and daylight hours.	PSHE The topics we will be covering during the Autumn term are - Family and Relationships Health and Well-being	Maths In Maths, we will be covering: Place value within 20 and then 100 Addition and Subtraction We will also be covering: Shape
History This term we will be looking at answering the historical question: How am I making History? by examining photographs and asking questions about events in living memory.	Computing In Computing we will be covering: computing systems and mouse skills. We will also investigate simple Algorithms and programming	DT In DT our topic will be: Mechanisms focussing on Matching slider games
Geography This term we will be looking at answering the geographical question: What is it like here? by investigating the local area and through fieldwork studies of the school grounds.	RE The questions we aim to answer in RE this term are: How did the world begin? What do some people believe God looks like?	PE In PE we will be covering gymnastics – learning key skills and using the apparatus.
		Art In Art our topic will be: Drawing where we will be investigating line and shape.



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Autumn Term 2026 Overview OAKS

Oak Trees
Autumn Term Overview
2026 - 2027

Music
In music this term we will be learning about composition notation following the theme of Ancient Egypt. We will also be learning about the 'Blues'.

English
We will be writing for a range of purposes this term and our writing will be based on the following books:
• Queen of the Falls - Chris Van Allsburg
• The Lost Happy Endings - Carol Ann Duffy

Science
In Science Year 3 and 4 will be covering the following topics:
• Energy - Light and Shadows
• Animals including humans - Movement and Nutrition
Year 5 and 6 will be covering:
• Materials - Mixtures and separation
• Materials - Properties and changes

PSHE
The topics we will be covering during this term are 'Family and Relationships' and 'Health and Well-being'. Year 5 and 6 will cover this in more depth.

Maths
In Maths Year 3 and 4 will be covering the following topics; Place Value, Addition & Subtraction, Multiplication & Division and Area.
Year 5 and 6 will also be covering; Place Value, Addition & Subtraction, Multiplication & Division and Fractions

History
Year 3 and 4's historical question this term is 'Would you prefer to live in the Stone, Bronze or Iron Age?'
Year 5 and 6's historical question is 'Were the Vikings raiders, traders or something else?'

Computing
In Computing we will be covering the following topics:
• Computing Systems and Networks
• Programming

French
In French we will be covering the following topics:
• French Monster Pets
• Space Exploration

PE
In PE we will be covering gymnastics.

Geography
Year 3 and 4's geographical question this term is 'Why do people live near volcanoes?'
Year 5 and 6's geographical question is 'What is life like in the Alps?'

RE
The questions we aim to answer in RE this term are:
• Why doesn't Christianity all look the same?
• Why do people have a stand up for what they believe in?

Art & DT
In Art our topic will be Drawing: Depth, emotion and movement
In DT our topic will be Mechanical Systems

Monday 2nd November

Friday 13th November

Tuesday 1st December &

Thursday 3rd December

Wednesday 9th December

Thursday 17th December

Thursday 17th December

Friday 18th December

Monday 4th January

Oaks Class - Cathedral Outreach sessions in class (weekly)

First day back after half term.

Children In Need come to school in PJ's

Oaks participation in Cathedral Outreach concert-time TBC, tickets available nearer the time.

Whole School Nativity 2pm (info to follow)

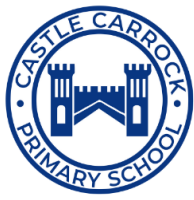
Pantomime Carlisle Sands Centre Sleeping Beauty 10am
Christmas Class Party Afternoon

Last Day of term

First Day of term

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